

RETREAT OPPORTUNITIES

MARRIED COUPLES - Spend a weekend focused on your relationship without outside distractions (work, TV, Sports, chores, children). Apply for the next Worldwide Marriage Encounter Weekend - it's the best gift you'll ever give to each other and your marriage! Enjoy a Worldwide Marriage Encounter weekend at Sheraton Bellevue Hotel in Bellevue on August 12 - 14, 2016. For more information call 206-772-2344 or apply on-line at www.wvme.org. Additional dates and locations are listed on-line.

Warriors Healing Retreats

Are you someone who has experienced Post-Traumatic Stress or Moral Injury from your service in the armed forces? These wounds go deeper than psychological and can only be truly healed by the sacred touch of Jesus Christ. The Warriors Healing Retreat will address these wounds and offer such healing on Saturday, July 16th from 9:00am to 6:00pm at American Lake VA Hospital. The cost is \$10 for lunch plus a free-will offer. Contact Fr. Charles at 206-764-2033 or Charles.barnes2@va.gov to register.

Pregnancy Aid - Volunteers Needed!

Pregnancy Aid is a small, all volunteer agency that exists to help pregnant women and families with small children by providing free maternity and baby clothes, baby equipment, toys and books, as well as friendship and encouragement.

We are open from 10:00am to 1:00pm Monday, Wednesday, Thursday and Friday and volunteers typically work one day a week (or every other week). We need new volunteers. If you can help or have questions please call Jo at 206-878-0803 or stop by our office at 730 S. 225th in Des Moines.

Divine Mercy and Holy Hour

Come and join us every Tuesday evening 6:00 pm in the Church for meditation, scripture and recitation of the Chaplet of Divine Mercy. Everyone is invited to attend.



Our Lady of the Rosary Pilgrimage & Chaplet of Divine Mercy



Have Our Lady visit your home for a visit of three to seven days by scheduling an appointment. To make arrangements call any of the following:

Adrian Mendiola	206-708-0474
Jesus Rodriguez	206-304-1447 (Español)
Richard Tagorda	206-518-7102 (Filipino)
Peni Puaauli	206-293-5529 (Samoan)
Vy Quang	206-293-5659 (Vietnamese)

Legion of Mary BRING MARY TO THE WORLD, SO THAT CHRIST HER SON CAN BE BETTER KNOWN AND LOVED.



Join the Legion of Mary! With Mary, we carry the Word of God in our hearts and our lips as we visit the homebound and elderly, teach the faith and witness on doorsteps and do many other spiritual works of Mercy. Contact Delores Rybacki at 206-878-5827 for more information.

OUTREACH MINISTRY

In case you didn't know...St. Philomena has a wonderful Outreach Ministry to the those parishioners unable to attend services here at St. Philomena Parish. We have several people who provide Eucharist in assisted living and healthcare facilities in the area as well as individuals that are homebound. If you know of someone who is in need of this Ministry, please call Deacon Jerry so we can make arrangements to provide Holy Communion for them.

